

EXPANDING THE BOUNDARIES OF STUDENTS LEARNING THROUGH SEE LEARNING

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Abstract:

With the world's largest population of young people and nearly 10% of its population under the age of 5. India has a critical need for a framework that focuses on overall development of the students

Current education system imparts materialistic values including external science but not inner science. Efforts must be made to educate students at their early age on the importance of social emotional and ethical learning. SEE learning empowers students to engage Socially, Emotionally and Ethically as a part of global community and give knowledge to build positive relationship, solve problems, make intelligent decisions and achieve the necessary level of self-awareness apart from providing an excellent foundation of academic success.

This paper mainly focuses on typical approaches adopted by schools, need and importance of SEE learning, 5 core social emotional and ethical competencies, A framework of SEE programming to enhance student success in school life, latest research advances in SEE learning, implications for practice and policy, different aspects of SEE learning in schools and tips for expanding the boundaries of the students through SEE learning.

SEE Learning improves school related attitude behaviours and Academics and provide the foundation of the life success.

Keywords: *SEE learning, framework, problem solving, competencies research, expansion.*

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Introduction:

The national education policy (NEP) 2020 proposes that the schools in India should aim at providing a Holistic education to develop all capacities of human beings' intellectual aesthetic social physical emotional and moral in an integrated manner. it is important to note the mention of socio emotional learning in this message. unfortunately, curricula and examination practices today do not effectively support such outcomes because of their one-dimensional focus on high pressure competitive examination that mostly assess for rote memorization of academic content. This has laid to non-academic goals being deprioritized and side-lined by schools however more recently there has been a growing interest among policy makers, educators' parents and researchers regarding the development of socio economic and ethical learning. This entails engaging students in learning experience that build knowledge skills and mindsets needed to succeed Academically but also nurture healthy social relationship maintain positive mental health successfully secure employment and be actively engaged citizens.

Social, Emotional and Ethical Learning:

SEE learning empowers students to engage Socially, Emotionally and Ethically as a part of global community and give knowledge to build positive relationship, solve problems, make intelligent decisions, and achieve the necessary level of self-awareness apart from providing an excellent foundation of academic success.

Social emotional and ethical learning is a process whereby children develop essential social and emotional competencies to recognize and manage emotions, handle oneself and tasks effectively, develop care and concern for others establish positive relationship, make responsible decisions.

Why to implement SEE learning in School

- Relation Provides Foundation for Learning.
- Emotions Affects How and What We Learnt.
- Relevant Skills Can Be Taught
- Positive Effects on Academic Health, Relationship and Citizenship.
- Essential for Lifelong Success.
- A Coordinating Framework to Overcome Fragmentation of Prevention and Youth Development Program.

SEE Learning: How is it taught?

- Teacher led SEE instruction
- Guided practice opportunities with feedback and reinforcement.
- A supportive classroom context
- Multi competent with schoolwide and family collaboration.

5 Core Social Emotional and Ethical Learning Competencies:

1. **Self Awareness:** Recognizing emotions and thoughts, understanding how they influence behavior and assessing personal strengths and weakness.
2. **Self-management:** Regulating thoughts, emotions and behaviors setting goals controlling impulse and managing stress.
3. **Social awareness:** understanding the perspective of others showing empathy for diverse groups of people and finding support through family school and community relationships.
4. **Relationship skills:** communicating cooperating resisting negative pressure and offering help. Building and maintaining healthy relationships.
5. **Responsible decision making:** Making ethical and respectful choices about personal behavior and relationships and evaluating the Consequences of decisions.

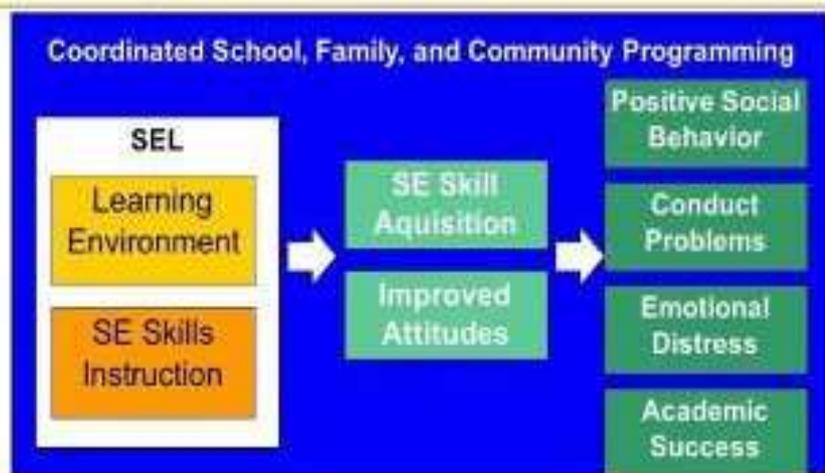
Advantages of SEE learning

- It is safe of well managed.
- Respectful and supportive relationship.
- High expectations and challenges.
- Participation and leadership opportunities.
- Rigorous, relevant curriculum and engaging instructional practices.
- SEE helps you regulate your emotions and manage stress.

- SEE learning improves academic performance.
- SEE learning promote resilience.
- SEE learning improves mental health.
- SEE learning increases quality.

A Framework for SEE learning to enhance students success in school and life.

Durlak, Weissberg et al. (2008) Meta-analysis:
Enhancing SEL Promotes Success in School



See Learning Activities For Students:

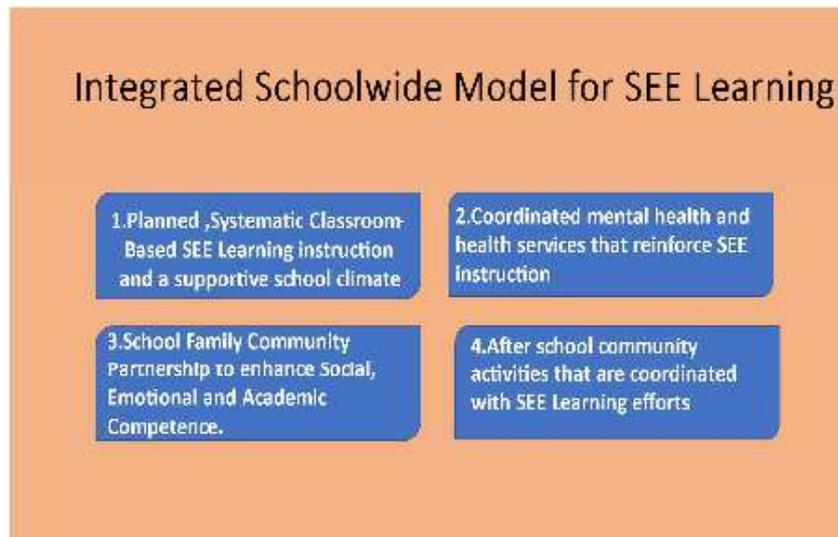
- ✓ Art activities
- ✓ Practical tasks
- ✓ Mindfulness Activities
- ✓ Goal setting Activities
- ✓ Students' check-ins
- ✓ Reading Books
- ✓ Setting time for online Community
- ✓ Icebreaker Activities

What does Schoolwide SEE Learning Look Like

- ❖ Bus facility
- ❖ Playground
- Extracurricular Activities
- Sporting Events

- ❖ Lunchroom
- ❖ Classroom

Front office
Parent Teacher Association



Conclusion:

- The National Education Policy NEP 2020 included SEE as a key tool in aiding the education system to develop good human beings capable of rational thought and action, Possessing compassion and empathy.
- SEE Learning is the process whereby Children develop essential social, emotional, and ethical competencies.
- SEE Learning improves school related attitude, behaviors and academics and provides the foundation to the life success.
- Well-designed well implemented SEE Programming produces the best outcomes.
- Sustainable, Effective schoolwide SEE Learning requires 3 Ps Policy, Principles, Professional Development.

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