

JOURNEY FROM I TO WE: A STUDY ON THE IMPACT OF TEAMWORK ON YOUTH OF DOMBIVALI AREA

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Abstract:

Teamwork is an essential soft skill that every youth requires. It allows youths to develop their problem solving, communication skill and allows them the opportunity to learn and work in a team. Teamwork is essential for promoting positive youth development and social cohesion. This study explores the impact of teamwork on youth in the Dombivali area. A survey questionnaire was administered to 102 youth participants. The results shows that teamwork has a positive impact on youth, enhancing their communication skills, problem-solving abilities, and leadership qualities. The study also identifies challenges faced by youth in teamwork, including communication breakdowns and conflicting opinions. The findings have implications for educators, policymakers, and youth organizations seeking to promote teamwork and collaboration among young people.

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Introduction:

In today's fast-paced and interconnected world, teamwork play an important role for success. Teamwork is the collaborative effort of individuals working together towards a common goal. It is a crucial aspect of achieving success in various fields, including business, sports, and education. For youth teamwork is particularly important, as it helps them to develop essential life skills, such as communication and leadership. This study aims to fill the gap by exploring the impact of teamwork on youth in the Dombivli area. It will provide insights into the impact of teamwork on youth development.

Qualities of effective team:

1. Clear Communication: Team members must communicate clearly and succinctly in order to work as an effective unit.
2. Clearly Defined Roles and Responsibilities: Every team member needs to be aware of their specific roles and duties.

3. Trust and Respect: Members of the team should have faith in and respect for one another's contributions, knowledge, and viewpoints.
4. Collaborative Leadership: Collaborative leadership that cultivates a welcoming and positive team culture is essential for effective teamwork.
5. Continuous Feedback and Evaluation: Team members can pinpoint areas for development and modify their approach by receiving regular feedback and evaluation.

Benefits of Team work:

1. Improved Communication skill: Teamwork fosters effective communication among team members which is essential for achieving common goals when individuals work together.
2. Enhanced problem-solving skill: Teamwork enhance problem-solving skills by bringing together diverse perspective expertise and experiences. Collaborative teams share ideas analyse problems

from multiple angles and develop innovative solutions.

3. Increased Motivation and productivity: Teamwork has a profound impact on motivation and productivity when individuals work together belonging and purpose which boosts their motivation and enthusiasm
4. Better Time Management: Teamwork enables individuals to Manage their time more efficiently when working together team members prioritize tasks focus on goals and coordinate their efforts to meet deadlines.
5. Improved leadership skill: Teamwork offers numerous benefits including improved leadership skills. Team members learn to communicate effectively delegate tasks and motivate others ultimately emerging as more confident and effective leader.

Challenges while working in a team:

1. Communication breakdown: Communication breakdowns pose a significant challenge to teamwork, as they can lead to misunderstanding, errors and conflicts. This can hinder progress, erode trust and ultimately undermine the success of the team.
2. Conflicting options and ideas: Conflicting opinions and interests among team members can lead to conflicts and challenges. This occurs when individuals hold different perspectives and values or when they have competing goals and priorities.
3. Lack of trust and teamwork: when team members don't trust or respect each other, it can create tension and conflict, making it difficult to share ideas and collaborate effectively.
4. Inequitable workload distribution: when some members are overworked and others are underutilized, it can lead to decreased morale, burnout and demotivation.

Review of Literature:

The article titled “**The effects of teamwork on individual learning and perceptions of team performance: A comparison to face-to-face and online projects setting**” written by “**Ethlyn A. Williams and Stephanie L. Castro**”. This article discusses the importance of teamwork in educational settings, particularly in a team. The author highlights the benefits of teamwork, including improved learning outcomes, increased productivity, and enhanced creativity. Their findings were member social interaction and team orientation have stronger positive effects on individual team-source learning in virtual team, collaborative learning can occur in asynchronous environments, and online advertisements may allow for more ongoing learning and frequent exchanges and team processes that support collaboration are effective for promoting learning in virtual teams.

A paper titled “**The impact of teamwork skills on students in Malaysian Public Universities**” by “**Mohd Azmir Mohd Nizah, Zawiah Hj Mat, Mashitah Suaiman, Adibah Sulaiman**”. The study reveals that the implementation of teamwork skills in the teaching-learning process at university Sains Islam Malaysia (USIM) and Universiti Teknikal Malaysia Melaka (UTeM) is effective. The findings also underscore the significant impacts of teamwork skills on teaching-learning process in these public universities. However, to fully achieve the objectives and goals of teamwork building, a more systematic and effective approach is necessary. This study's outcome provide valuable insights for educators and policymakers to enhance the integration of teamwork skills in higher education institutes.

The article titled “**Validity and Reliability of the teamwork Scale for youth**” written by “**Leeann M. Lower-Hoppe, Tarkington J. Newman & Dawn Anderson-Butcher**” this article concludes that the Teamwork Scale for Youth (TSY) is a valid and

reliable instrument for assessing teamwork skills in youth. The scale can be used to evaluate the effectiveness of teamwork interventions and programs, as well as to identify areas for improvement in youth teamwork skills. The researchers suggest that the TSY can be a useful tool for practitioners, educators, and researchers working with youth to promote teamwork and collaboration.

The article titled “**Teamwork skills in higher education: is university training contributing to their mastery?**” Written by “**Elena De Prada, Mercedes Mareque and Margarita Pino-Justre**” this article emphasizes the importance of university graduates possessing not only hard skills but also soft skills, such as problem-solving, critical thinking, and teamwork. However, teaching these skills is challenging due to the traditional academic culture. The article presents a study that aimed to measure teamwork skills among social science students using a validated instrument. The study concludes that social science students generally possess high teamwork skills, expect for leadership and coordination. However, the article highlights a discrepancy between students perceptions of their soft skills and companies expectations. This gap suggests a structural imbalance between universities and companies, indicating that universities may not be adequately preparing students for the workforce.

Objectives of the study:

To identify the challenges and benefits of teamwork as experienced by youth.

To gain insights into the perception and attitudes of youth towards teamwork.

Hypothesis Statements:

H0: There is no significant relationship between team size and confidence in teamwork abilities.

H1: Individuals who work with a team of 2-5 members are more confident in their ability to work efficiently in a team

H0: there is no significant difference in the benefits and challenges of teamwork experienced by young adults

H1: improved communication skill is the most commonly experienced benefit of teamwork, while conflicting opinions and ideas is the most commonly faced challenge.

Research Methodology:

Type of Research: The study is exploratory research

Area of study: The study is conducted in Dombivli Area

Sampling Method: the sampling technique followed is a random sampling method

Target Population and sample size: the target population is the youth residing in Dombivli area. The sample size is 102 youths

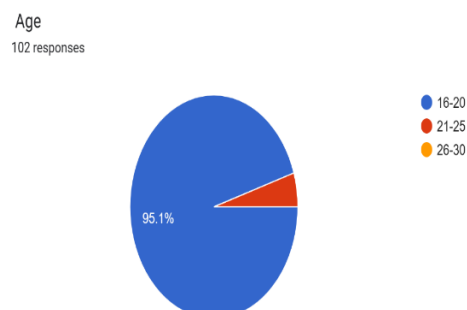
Types and Source of data: the primary data for the present study is collected through a Questionnaire. Secondary data is collected through the internet, article & research paper.

Limitations:

A sample size of 102 is a limitation; the findings may differ with a higher sample size.

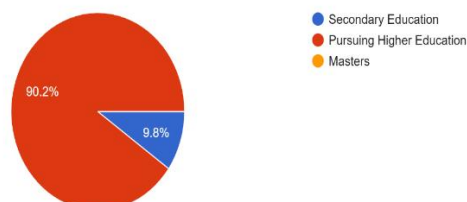
The study is limited to Dombivli area. Another area is not considered.

Data Analysis:



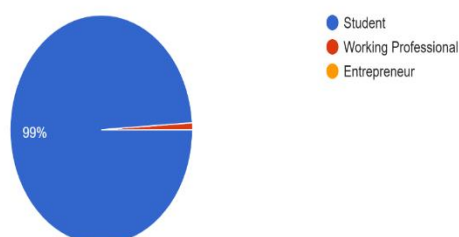
In the above graph we can see that 95.1% of the youths are from 16 to 20 age group and 4.9% of the youths are from 21-25 age group.

What is your current level of Education ?
102 responses



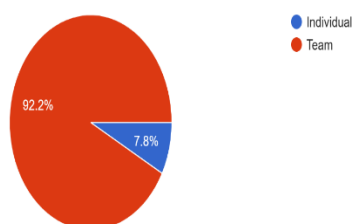
In the above graph we can see that 90.2% of the youths are pursuing higher education and 9.8% of the youths are pursuing secondary education.

What is your current Occupation ?
102 responses



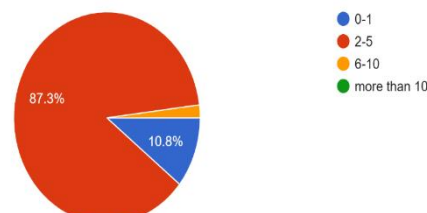
In the above graph we can see 99% of the participants are the students & 1% of the participants are working professionals.

How will you prefer to work, if a task is given to you?
102 responses



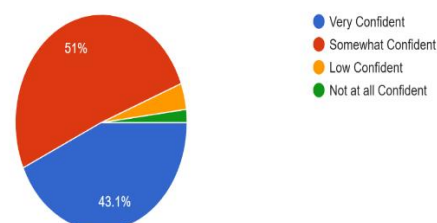
In the above graph we can see 92.2% of the participants prefer to work in a team and 7.8% of the participants prefer to work individually.

How many team members do you typically work with ?
102 responses



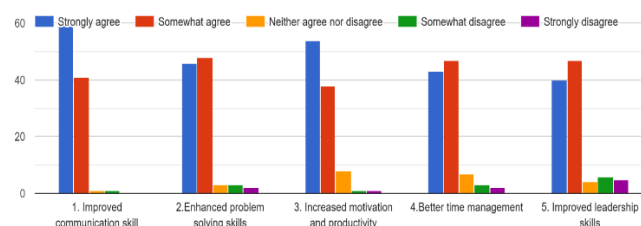
In the above graph we can see 87.3% of participants prefer to work in team of 2 to 5 members, 10.8% of participants prefer to work individual and 1.9% of participants prefer to work in a team of 6 to 10 members.

How confident do you feel in your ability to work efficiently in a team ?
102 responses



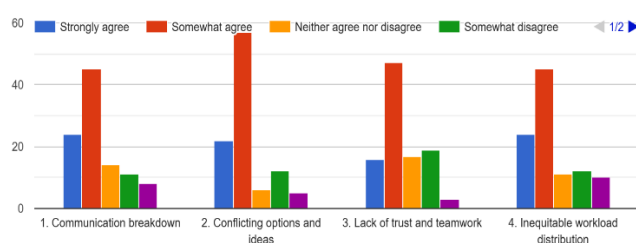
In the above graph we can see 51% of participants feel somewhat confident while working in a team, 43.1% of participants feel very confident while working in a team, 3.9 % of participants feel low confident while working in a team and 2% of participants doesn't feel confident while working in a team.

The benefits you have experienced as a result of teamwork ?



In the above graph we can see the benefits experienced in a team. Most of the youth have experienced that their communication skill has improved, their problem-solving skill have enhanced, their productivity has also increased, they have also done better time management while working in a team and their leadership style have been also improved. Very few youths disagree with the above benefits.

The challenges you have faced while working in a team ?



In the above graph we can see the challenges faced by the youths. Most of the youth have experienced communication breakdown, conflicting option and ideas, lack of trust and teamwork, inequitable workload distribution challenges while working in a team. Very few youths neither agree nor disagree for communication breakdown in a team. Very few youths somewhat disagree and strongly disagree that they face communication breakdown while working in a team.

Research Findings:

1. 92.2% of participants prefer working in teams.
2. 87.3% prefer teams of 2-5 members.

3. Improved communication skills, problem-solving, productivity, time management, and leadership styles are benefits of teamwork.
4. Communication breakdowns, conflicting opinions, lack of trust, and inequitable workload distribution are challenges faced by youths in teams.

Conclusion

Teamwork is an essential life skill that benefits youth in many ways. By understanding the advantages and disadvantages of teamwork, stakeholders can collaborate to promote teamwork and collaboration among young people, ultimately contributing to their personal and professional growth. The study examined the impact of teamwork on youth in the Dombivli area and found that it has a positive impact on youth, improving their communication skills, problem-solving abilities, productivity, time management, and leadership styles. However, youths also face challenges like communication breakdowns, conflicting opinions, lack of trust, and unequal workload distribution while working in teams.

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